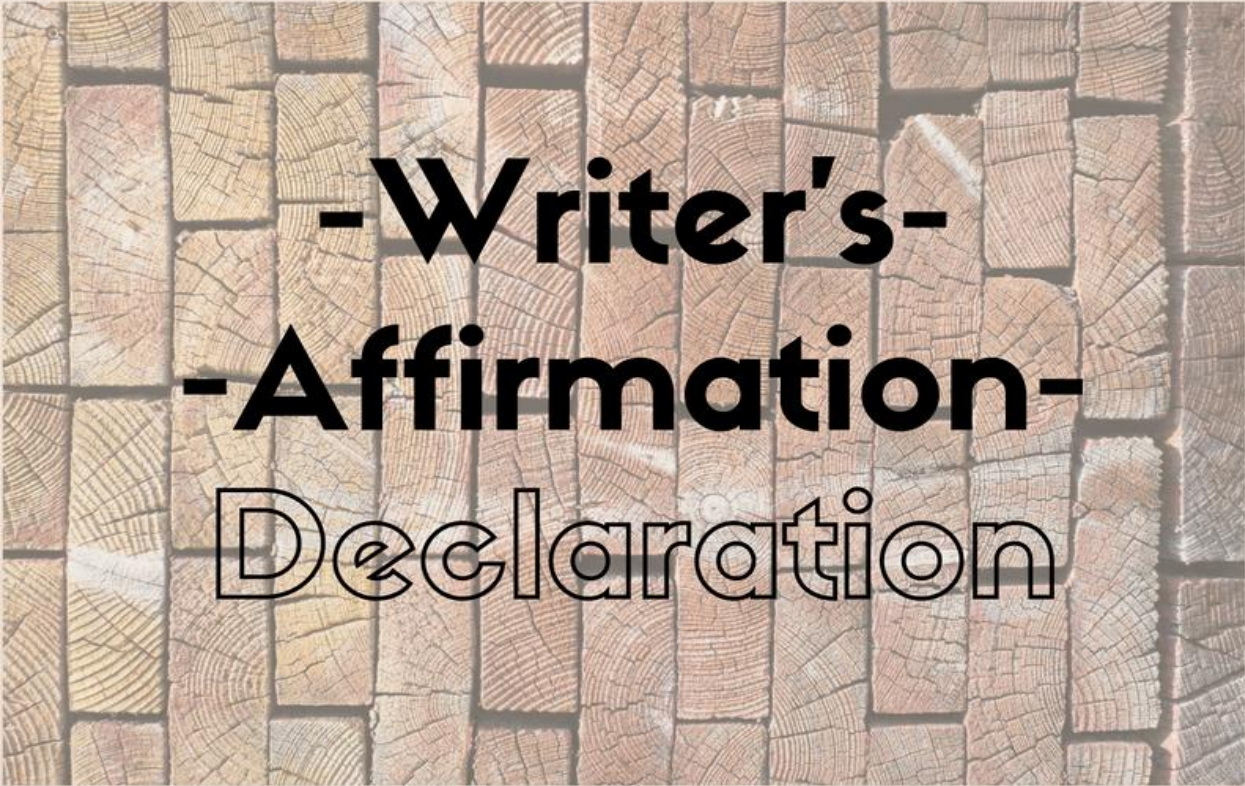




Writer'sBlock
WORKSHOP



**-Writer's-
-Affirmation-
Declaration**

—○—
A Writer's Block
Workshop

BLOCK CRUSHING
WORKSHEET

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Workshop 2016



The Writer's Block Workshop

Presents

The Writer's Affirmation Declaration

Block Crushing Worksheet

by Lynn Burns

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Writer's Affirmation Declaration

Worksheet

Writing can be a lonely existence. Non-writing friends and family don't really understand what you go through, as you try to convince yourself that your work is worthy and valuable. You have to be your own cheerleader. It's up to you to NEVER GIVE UP.

The Writer's Affirmation Declaration is your PERSONAL CHEERLEADER. Fill it out and hang it up near the place that you write or where you will see it each day. Read it and remember that your work is VALUABLE, because it is from YOU.

I have included my personal affirmations as an example to get you started. Take some time to really think about what motivates you, write it down, then hang it up, believe it and LIVE it.

BE A BLOCK CRUSHER!



My Writer's Affirmation Declaration

- 1. I love my life as a full time writer, mentor and creator.**
- 2. It is wonderful to be financially independent while doing what I love.**
- 3. Everything works out easily and effectively in my life.**
- 4. The Universe brings together perfect components for my life at the perfect time.**
- 5. What I create today creates my tomorrow.**
- 6. I look for and find happiness and good in all things. I choose not to focus on things that are not good.**
- 7. Every day is another step toward my greater writer-self.**
- 8. My work comes from my soul, therefore, it is important and worthwhile.**
- 9. I include only that which is valuable to my life.**
- 10. I manifest a life of contentment and peace for myself and others.**

Accomplishment=Confidence



My Writer's Affirmation Declaration

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Accomplishment=Confidence