



Writer'sBlock
WORKSHOP

-IDENTIFY-
-ACCEPT-
CRUSH!

A Writer's Block
Workshop

BLOCK CRUSHING
WORKSHEET



The Writer's Block Workshop

Presents

Identify-Accept-Crush!

Block Crushing Worksheet

by Lynn Burns

Disclaimer:

The information contained herein is based on the author's skill, understanding and opinions. The author will not be held liable for the use or misuse of the information in this guide.

Angel Policy:

You may print a copy of this document for personal use only. No part of this publication may be reproduced or transmitted in any form, per the United States Copyright Act.

Identify-Accept-Crush

Worksheet

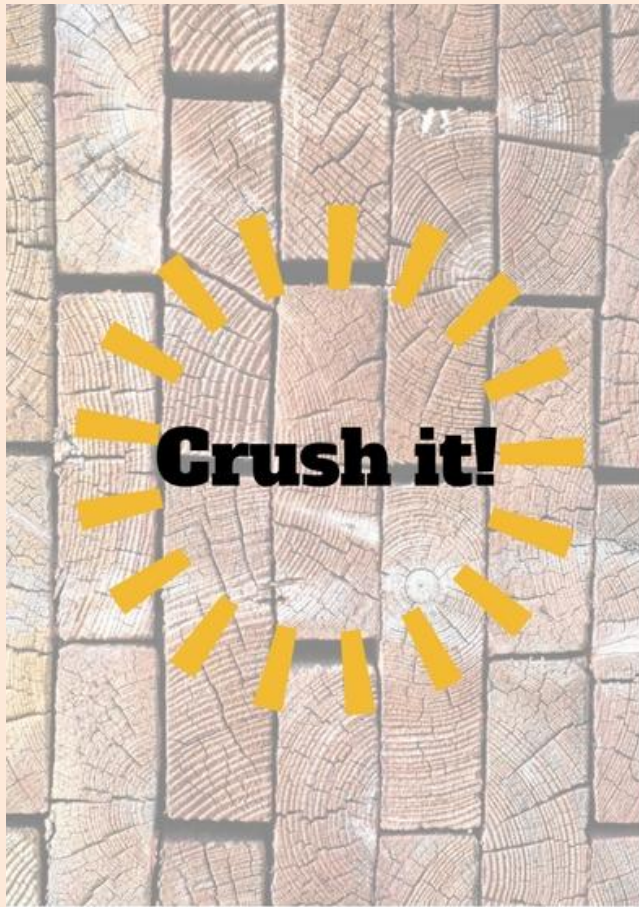
Hello Block Crusher! This worksheet will help you
IDENTIFY, ACCEPT and CRUSH
your Writer's Blocks.

Remember, blocks can be part of any of the following:

Time Management
Finding your Writing-Life Balance
Procrastination
Meeting Deadlines
Over-analyzing and Distraction
Poor Organization
Doubt and Fear
Problem Solving and Solution Finding
Research Struggles
Editing your Work
Creating your Writer Platform
Business and Expense tracking
Marketing and Social Media
AND
Actual Writing!

Write down your blocks and create solutions.

BE A BLOCK CRUSHER!



Identify



What is the specific block?



Accept



What is causing this block?



CRUSH



List possible solutions to this block: